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Re:Sound is a Youth Exchange that will involve 35 participants from 7 different countries: Italy, Austria, Hungary, Greece, Georgia, Poland and Croatia.

The project will be held in the Castle Forchenstein -Europahaus - Neumarkt in der Steiermark, Austria, from the **12 to the 18 May 2019**









Re:Sound is a project about music and body expression. Through different workshops and activities the participants will discover new approaches to personal and interpersonal musicality, sounds and movement. The youth exchange will be structured according to different topics such as exploring and connecting with each other, the group(s), community, oneself and with nature









Re:Sound will involve participants in workshops, activities, reflections and evaluations organized through non formal methods, learning by doing and direct experiences. There will be space where everyone is free to share their feelings and experience while being supported by and supportive for the others. The coordinators will facilitate intercultural learning

and will support personal processes.







DAY 1 Getting to know each other, ice-breaking activities



DAY 2 Free and conscious movement day



DAY 3 Journey through nature and meditation sounds



DAY 4 Community in touch

DAY 5 Relating and creating with each other through sounds

DAY 6 Recycling instruments

DAY 7



Erasmus+ opportunities, dissemination, closing ceremony







wEUnite is an NGO in Austria and was founded in 2014. Its main aim is to give young people the opportunity to learn for life, see the world and establish social contacts throughout Europe. With non-formal education and strong support in local as well as international projects and workshops wEUnite empowers young people in finding their strengths and becoming active citizens. wEUnite's focus is put on offering a space for youngsters

to develop themselves, getting to know their strengths and learning how to work with and on their weaknesses by taking part in exchanges and trainings to broaden their horizons and giving them **new perspectives**.









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